



Medallist Exam Syllabus (LATIN SECTION)

LEVELS 1 – 3: One Dance Exam

Dances: Cha-Cha, Samba, Rumba

Syllabus: Associate

This is a starter or beginner grade. Candidate may stay in this grade for up to 3 exams.

Candidates must move up a minimum of one level every 12 months.

Syllabus figures:

| CHA-CHA | SAMBA | RUMBA |
|--------------------------------------|--------------------------------------------------------|------------------------|
| Basic Movement | Basic Movement | Basic Movement |
| Cha Cha Cha Chasse (R or L) | Rhythm Bounce | Fan |
| Ronde Chasse | Samba Whisk (L or R) (also with Lady's under-arm turn) | Alemaná |
| Cha Cha Cha Lock Forward (RLR, LFL) | Promenade Samba Walks (LF or RF) | Hockey Stick |
| Cha Cha Cha Lock Backward (LRL, RLR) | Stationary Samba Walks (LF or RF) | New York (L or R) |
| Open Basic | Side Samba Walk | Hand to Hand |
| Time Step | Promenade Botafogos | Side Steps (L or R) |
| Three Cha Cha Chas | Travelling Botafogos (Forward) | Cucarachas (L or R) |
| Fan | Shadow Botafogos | Spot Turns (L or R) |
| Alemaná | Solo Volta Spot Turn (L or R) | Underarm Turn (L or R) |
| Hockey Stick | Travelling Voltas (L or R) | Shoulder to Shoulder |
| New York (L or R) | Reverse Turn | Natural Top |
| Hand to Hand | | |
| Spot Turns (L or R) | | |
| Underarm Turn (L or R) | | |
| Shoulder to Shoulder | | |
| Natural Top | | |

Only the figures, amounts of turns, and entries and exits that are used in the Associate Syllabus may be used.

LEVELS 4 – 5: Two Dance Exam

Dances: Cha-Cha, Samba, Rumba, Jive

Syllabus: Licentiate

This is a Novice grade. Candidate may stay in this grade for up to 2 exams.

Candidates must move up a minimum of one level every 12 months.

Syllabus figures:

| CHA CHA CHA | SAMBA | RUMBA | JIVE |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| (As Level 1 – 3) Plus; Hip Twist Chasse Foot Slip Chasse Natural Opening Out Closed Hip Twist Reverse Top Opening Out from Reverse Top Aida Spiral Open Hip Twist Curl Side Step | (As Level 1 – 3) Plus; Corta Jaca Closed Rocks Open Rocks Back Rocks Natural Roll Plait | (As Level 1 – 3) Plus; Alternative Basic Movement (In Closed Position) Alternative Basic Movement (In Closed Position) Advanced Opening Out Natural Opening Out Closed Hip Twist Opening Out to R and L Cuban Rocks Open Hip Twist Reverse Top Opening Out from Reverse Top Curl Aida Spiral | Basics in Place Basic in Fallaway Jive Chasse (L and R) Link Change of Place Right to Left Simple Spin Change of Place Left to Right Fallaway Throwaway American Spin Change of Hands Behind the Back Promenade Walks (Quick) Stop and Go Whip Promenade Walks (slow) Throwaway Whip The Windmill Spanish Arms Curly Whip Chicken Walks |

Only the figures, amounts of turns, and entries and exits that are used in the Associate & Licentiate Syllabus may be used.

LEVELS 6 –7: Three Dance Exam

Dances: Cha Cha Cha, Samba, Rumba, Jive

Syllabus: Fellowship

This is a Silver grade. Candidate may stay in this grade for up to 2 exams.

Candidates must move up a minimum of one level every 12 months.

Syllabus figures:

| CHA CHA CHA | SAMBA | RUMBA | JIVE |
|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| (As Level 4 – 5) Plus; Rope Spinning Cuban Breaks Cross Basic Turkish Towel Sweetheart Follow My Leader Foot Changes | (As Level 4 – 5) Plus; Foot Changes Various Volta Actions Contra Botafogos Rolling Off the Arm Samba Locks Three Step Turn Cruzados Walks and Locks Promenade and Counter Promenade Runs | (As Level 4 – 5) Plus; Sliding Doors Fencing Three Threes Rope Spinning | (As Level 4 – 5) Plus; Mooch Toe Heel Swivels Flicks into Break Rolling Off the Arm |

Only the figures, amounts of turns, and entries and exits that are used in the Associate, Licentiate & Fellowship Syllabus may be used.

LEVELS 8 –9: Four Dance Exam

Dances: Samba, Cha-Cha, Rumba, Paso Doble, Jive

Syllabus: Unrestricted Syllabus from Technique Book

This is a Gold grade. Candidate may stay in this grade for up to 2 exams.

Candidates must move up a minimum of one level every 12 months.

LEVEL 10: Five Dance Exam

Dances: Samba, Cha-Cha, Rumba, Paso Doble, Jive

Syllabus: *Open Competition Syllabus and Unrestricted Syllabus from Technique Book

This is an Open grade. Candidate may stay in this grade for as long as deemed necessary – there is no time restriction.

*Open syllabus - Syllabus as per DFI rules and guidelines.