

Syllabus

E class Standard

Minor 1 Waltz LF forward Closed Change on RF Backwards (Box step)

E class all other age groups Waltz Closed Change on LF forward and Closed Change on RF forward.

E class Latin

Samba - Reverse Basic Movement for all age groups.

D class Standard

Waltz

D class Waltz Minor 1 Closed Change on LF forward Closed Change on RF Backwards (Box step)

D class Waltz Minor 2 Closed Change on LF forward and Closed Change on RF forward.

D Class solo Waltz Juvenile: Closed Change on LF forward and Closed Change on RF forward.

Waltz couples

Closed Change step on RF

Drag hesitation

Closed Change Step on LF

Quick open reverse

Natural Turn

Reverse Turn

Progressive chasse to right

Progressive chasse to left

Whisk

Back Whisk

Outside change

Basic weave

Chasse from PP

Backward lock

Open Natural turn

Natural Spin turn

Hesitation change

Double reverse spin

Weave from PP

Impetus

Impetus to PP

Tango

Minor 1 Tango: Commence facing diagonal to wall L.F. Forward Walk (CBMP) R.F. Forward Walk (R side leading) creating slight curve Basic Reverse turn

Minor 1 Tango girls(optional): Commence backing diagonal to wall, continue to dance the natural opposite of above.

Minor 2 Tango: Commence facing Diagonal to Wall L.F. Forward Walk (CBMP), R.F. Forward Walk (R side leading) creating slight curve Basic Reverse turn L.F. Forward Walk (CBMP) R.F. forward walk turning to Promenade Position Promenade link

Minor 2 Tango girls(optional): Commence backing diagonal wall continue to dance the natural opposite of above.

Tango all other age groups

Tap Alternative entries to PP

Progressive side step

Brush Tap

Progressive Link

Closed Promenade

Open Promenade

Back Corte
Basic Reverse Turn
Open Reverse Turn
Rock on left foot
Rock on right foot
Natural rock turn
Natural twist turn from pp
Natural turn from PP
Promenade link turned to right
Promenade link turned to left
Back open promenade

Quickstep

Natural Turn	Open reverse turn
Reverse Turn	Tipple chasse to R at corner
Progressive Chasse to R	Tipple chasse to R along LOD
Progressive Chasse to L	Tipple chasse to L
Cross Chasse	Whisk
Quater turn to R	Back whisk
Quater turn to L	
Outside Change	
Natural pivot	
Running finish	
Back lock	
Forward lock	
Open Natural Turn	
Natural Spin Turn	
Hesitation Change	
Double Reverse Spin	
Impetus	

Impetus to PP

D Class Latin

Samba Minor 1 Reverse Basic Movement

Samba Minor 2 Reverse Basic Movement x 2 Whisk to Left Whisk to Right X 2

Cha Cha Minor 1 Closed Basic Movement

Cha Cha Minor 2 Closed Basic Movement x 2 New York to right New York to left x 2

Solo Juvenile Samba: Reverse Basic Movement x 2 Whisk to Left Whisk to Right X 2

Solo Juvenile Cha Cha: Closed Basic Movement x 2 New York to right New York to left x 2

Samba couples

Natural basic movement Traveling volta to L

Reverse basic movement Underarm turning R

Progressive basic movement Underarm turning L

Side basic movement to left

Progressive basic movement to right

Outside basic

Samba whisk to left

Samba whisk to right

Stationary Samba Walks

Promenade Samba Walks

Basic in place
Basic in fallaway
Change of place from R to L
Change of place from L to R
American spin
Change of place behind the back
Link
Whip
Promenade walks - slow
Promenade walk - quick
Overturned change of place from L to R
Stop and Go
Hip bump
Windmill

Entire syllabus

The entire syllabus may be danced by C class B class A class and S class in Juvenile.

Juniors and adults in C class B class are restricted to this syllabus. When they reach A class they may dance open figures.

When constructing choreography any combination of syllabus figures is allowed, as long as the technical description and the notes are respected. The Quantities of Turn given in the WDSF Technique Books are a guideline and may change slightly when necessary in order to construct choreography.

You may not add or take away parts of the figure, unless that is specifically allowed in the notes.

Waltz

Closed Change on RF	Impetus to PP
Closed Change on LF	Drag Hesitation
Natural Turn	Outside Spin
Reverse Turn	Natural Turning Lock
Progressive Chasse to R	Reverse Turning Lock
Whisk	Wing
Back Whisk	Wing from PP
Outside Change	Cross Hesitation from PP
Basic Weave	Reverse Pivot
Chasse from PP	Fallaway Natural Turn
Backward Lock	Running Weave from PP
Open Natural Turn	Running Spin Turn
Hesitation Change	Overtuned Running Spin Turn
Natural Spin Turn	Running Cross Chasse
Double Reverse Spin	Fallaway Reverse and Slip Pivot
Telemark	Hover Corte

Telemark to PP

Weave from PP

Impetus

Figures that are described
in Waltz

Curved Feather

Running Finish

Outside Swivel

Progressive Chasse

in other dances but may be used

Bounce Fallaway Weave Ending

Quick Open Reverse

Slow Foxtrot

Feather Step	Natural telemark	Curved Three Step
Three Step	Natural Hover Telemark	Curved Feather
Feather Finish	Impetus	Curved Feather from PP
Feather Ending	Impetus to PP	Back Feather
Hover Feather	Weave from PP	Fallaway Reverse and Slip Pivot
Natural Turn	Hover Cross	Bounce Fallaway Weave Ending
Reverse Turn	Top Spin	Running Weave from PP
Basic Weave	Outside Swivel	Open Reverse Turn
Natural Weave	Outside Spin	Extended Reverse Wave
Change of Direction	Reverse Wave	Reverse Pivot
Heel Pull Finish	Natural Twist Turn	Hover Corte
Whisk	Natural Twist Turn with Weave	Figures described in other dances that may be used in Slow fox
Back Whisk		
Open Natural Turn	Natural Twist Turn with and feather Finish	Progressive Chasse to R
Double Reverse Spin		
Telemark	Natural Twist turn with PP	
Telemark to PP	Natural Zig Zag from PP	
Hover Telemark	Curved Three Step	
Hover Telemark to PP	Curved Feather	

Quickstep

Natural Turn	Telemark to PP	Running Cross Chasse
Reverse Turn	Whisk	Six Quick Run
Progressive Chasse to R	Back Whisk	Tipsy to R
Progressive Chasse to L	Open Reverse Turn	Tipsy to L
Cross Chasse	Tipple Chasse to R – at the corner	Rumba Cross
Quarter Turn to R	Tipple Chasse to R along LOD	Hover Corte
Quarter Turn to L	Tipple Chasse to L	Figures described in other dances that may be danced in Quickstep
Outside Change	Four Quick Run	Weave from PP
Natural Pivot	Zig Zag	Natural Fallaway Turn
Running Finish	V6	Wing
Backward Lock	Outside Spin	Wing from PP
Forward Lock	Reverse pivot	
Open Natural Turn	Natural Turning Lock	
Natural Spin Turn	Drag Hesitation	
Hesitation Change	Cross Swivel	
Double Reverse Spin	Fishtail	
Impetus	Running Natural Turn	
Impetus to PP		
Telemark		

Tango

	Whisk
Tango Walk	Back Whisk
Tap – (Alternative Entries to PP)	Progressive Side Step Reverse Turn
Progressive Side Step	Four Step
Brush Tap	Fallaway Four Step
Progressive Link	Outside Swivel – method 1
Closed Promenade	Outside Swivel – method 2
Open Promenade	Outside Swivel – method 3
Back Corte	Four Step Change
Basic reverse Turn	Five Step
Open Reverse Turn	Mini Five Step
Rock on LF	Quick Reverse Turn
Rock on RF	Fallaway Reverse and Slip Pivot
Natural Rock Turn	Telemark to PP
Natural Twist Turn from PP	Open Natural Turn
Natural Turn from PP	Outside Spin
Promenade Link turned to R	Natural twist Turn
Promenade Link turned to L	Chase
Back Open Promenade	
Fallaway Promenade	
Chase Alternative Ending – Chase, Chasse	
Chase Alternative Ending – method 1	
Chase Alternative Ending – method 2	
Chase Alternative Ending – method 3	
Chase Alternative Ending – method 4	
Reverse Pivot	
In - Out	
Natural Turn	
Reverse Turn	
RF Forward Change Step Natural to Reverse	

LF ForwardChange Step Reverse to Natural

LF Backward Change Step Natural to Reverse

RF Backward Change Step Reverse to Natural

Viennese Waltz

Natural Turn

Reverse Turn

RF Forward Change Step Natural to Reverse

LF ForwardChange Step Reverse to Natural

LF Backward Change Step Natural to Reverse

RF Backward Change Step Reverse to Natural

Cha Cha Cha

Time Step	Close Hip Twist to Chasse
Close Basic Movement	Hockey Stick
Open Basic Movement	Hockey Stick to Chasse
New York to Right	Alemaná
New York to Left	Alemaná from Open Opposing Position
Hand to Hand to Right	Natural Top
Hand to Hand to Left	Cross Basic
Spot Turn to Right	Cross Basic with Turn
Spot Turn to Left	Cross basic to Open Opposing Position
Underarm Turn Turning Right	Methods of Changing feet
Underarm Turn Turning Left	Simple foot change
Three Cha Cha Chas to Right	Chasse to Right Side Link
Three Cha Cha Chas to Left	Lock to Right Side Link
Shoulder to Shoulder	Link to open Opposing position
Aida	Split Cuban Break to Right
Fan	Split Cuban Break to Left
Open Hip Twist	Cuban Breaks to Right
Open Hip Twist to Chasse	Cuban Breaks to Left
Close Hip twist	
Cuban Break Amalgamations	
Close Hip Twist spiral	
Open Hip Twist Spiral	
Turkish Towel	
Sweetheart	
Follow my Leader	
Syncopated Open Hip Twist	
Curl	
Rope Spinning	
Overtured Lock Ending	
Continuous Overtured Lock	

Swivel from Overturned Lock

Swivel Hip twist

Swivels

Walks and Whisks

Advanced Methods of Changing Feet

Link to Fan L Angle

Syncopated R side Link

Rumba

Close Basic Movement

Close Hip Twist

Open basic Movement

Close Hip Twist Finished to Side

New York to Right

Alemana

New York to Left

Alemana Finished to Side

Hand to Hand to Right

Progressive Forward Walks

Hand to Hand to Left

Progressive Forward Walks to Fan

Spot Turn to Right

Aida

Spot Turn to Left

Continuous Hip Twist

Underarm Turn Turning Right

Cuban Rocks

Underarm Turn Turning Left

Fencing to Spin

Side Walks and Cucarachas

Continuous Circular Hip Twist

Fan

Syncopated Open Hip Twist

Open Hip Twist

Natural Top

Open Hip Twist Finished to Side

Reverse Top

Hockey Stick

Curl

Hockey Stick Finished to Side

Curl Finished to Side

Opening Out

Spiral

Shoulder to Shoulder

Spiral Finished to Side

Alternative Basic Movement

Spiral to Fan

Three Alemanas

Sliding Doors

Three Threes

Three Threes to Fan

Rope Spinning

Swivels

Overtuned Basic

Paso Doble

Basic Movement

Sur Place

Chasses to R

Drag

Chasses to L

Attack

Huit

Separation

Natural Twist Turn

Promenade

Closed promenade

Promenade Link

Sixteen

Promenade to Counter

Grand Circle

Banderillas

Fallaway Reverse

Fallaway Whisk

La Passe

Syncopated Separation

Flamenco Taps

Twists

Chasse Cape

Chasse Cape Ending 1

Chasse Cape Ending 2

Chasse Cape Ending 3

Travelling Spins from PP

Travelling Spins from CPP

Syncopated Coup de Pique

Separation with Lady's Caping Walks

Farol

Fregolina

Syncopated Chasse

Left Foot Variation

Coup de Pique (changing from LF to RF)

Coup de Pique (changing from RF to LF)

Spanish Lines

Promenade

Samba

Natural Basic Movement

Reverse Basic Movement

Progressive Basic Movement

Side Basic Movement to L

Side Basic Movement To R

Outside Basic

Samba Whisk to L

Samba Whisk to R

Stationary Samba Walks

Promenade Samba Walks

Side Samba Walk

Reverse Turn

(Promenade to Counter

Promenade Botafogos)

Side Samba Chasse

Travelling Botafogo Forward

(Travelling Botafogo Backward to

Promenade Position)

Criss Cross Botafogos

Same Foot Botafogos

Samba Locks Lady on L Side

Samba Locks Lady on R Side

Natural Roll

Reverse Roll

Close Rocks

Open Rocks

Backward Rocks

Plait

Corta Jaca

Same Position Corta Jaca

Criss Cross Volta to R

Criss Cross Volta to L

Travelling Volta to R

Travelling Volta to L

Underarm Turn Turning R

Underarm Turn Turning L

Solo Spot Volta Turning L

Solo Spot Volta Turning R

Continuous Solo Spot Volta
Turning L

Continuous Solo Spot Volta
Turning R

Maypole - Lady turning R

Maypole - Lady Turning L

Cruzados Walks

Cruzados Locks

Continuous Cruzados Lock

Dropped Volta

Circular Voltas Turning R

Circular Voltas Turning L

Double Spiral Turn

Promenade to Counter Promenade Runs

Drag

Rolling off the Arm

Carioca Runs

Argentine Crosses

Rhythm Bounce

Foot Change Method 1

Foot Change Method 2 and method 3

Jive

Basic in Place

Overtuned Fallaway Throwaway

Basic in Fallaway

Stop and Go

Change of Place from R to L

Hip Bump

Change of Place from L to R

Windmill

American spin

Mooch

Change of Place behind the Back

Spanish Arms

Link

Chicken Walks

Whip

Rolling off the Arm

Promenade Walks – Slow

Simple Spin

Promenade Walks – Quick

Rock to Simple Spin

Fallaway Throwaway

Flicks into Break

(Change of Place from R

Toe Heel Swivels

to L with Double Spin)

Sugar Push

(Overtuned Change of

Miami Special

Place from L to R)

Shoulder Spin

Double Cross Whip

Chugging

Throwaway Whip

Catapult

Reverse Whip

Ball Change

Curly Whip

Stalking Walks, Flicks into Break